

Vegetables Appropriate for Iguanas

Information for the Pet Reptile Owner

Some commercially available (and home-grown) vegetables that are especially rich in calcium and relatively low in phosphorus are:

- Alfalfa: fresh, hay, dried leaves, meal
- Beet: tops, stems, roots
- Berseem (Egyptian clover): leaves
- Buffalo grass: hay
- Cactus: prickly pear
- Clover (Ladino, Alsike, etc.): fresh, hay
- Cotton: leaves, dried or fresh
- Cowpea: hay, leaves
- Dandelion: flower, stem, leaves
- Kudza: hay
- Lespedeza: hay, leaves
- Mint: hay
- Pea: pods, hay
- Peavine: hay
- Peanut: hay, with or without nuts
- Pelleted commercial chows (Ralston Purina): for goat, guinea pig, horse, rabbit, sheep
- Saltbush: hay, winter range
- Soybean: hay, leaves
- Timothy: hay
- Turnip: tops
- Vetch: hay

These vegetables are especially needed for those pets that have a low calcium, high phosphorus disease problem.



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